

THE SYDNEY MORNING HERALD, FRIDAY, SEPTEMBER 8, 1865

National Library of Medicine

<http://ma.>

gov.ua/ua/news page

172112

induced, that such a change as this would cut off one possible means of economising, inasmuch as it would render slovenliness impossible. A girl who dresses to gratify the taste of those with whom she associates is almost certain to become careless of her opportunity of becoming indifferent to the neatness and freshness of her garments; because the very people whose admiration she values are the people whom she sees every day, and at all hours, and without any possibility of escape from their gaze. On the other hand, slovenliness is made impossible, on the other, extravagance is rendered needless. A girl who dresses to gratify the taste of her intimate friends has very little temptation to go beyond her means—she knows that if she does so she will be criticised by every possible inducement to make the most of the means which she has. And when once the young lady has proved by experience how much pleasure she can give to those who care for her by the simple and unassuming way of dressing herself, she is less likely than before to be tempted either to forego such an obvious method of contributing to the general happiness, or to sacrifice all thought of her pocket in the vain effort to distance every competitor in the headlong race for the possession of the reputation of a tall-form partner.—*Saturday Review.*

CHOLERA AND ANTICIPATED FAMINE AT ADEN.

This Political Resident at Aden, in a communication dated 17th ultimo, addressed to the Bombay Government, reports that the cholera still prevails in Aden; it is not confined to any particular part nor are the cases numerous, and when taken into consideration the most common cause of its prevalence the natives have been almost entirely freed from the very poor classes, those who to avoid starvation in the interior have come into Aden to get work and food. Everything that check has been done to prevent the spreading and check the disease. Some cases appearing at Aden during a temporary absence had been put up in rear of the European General Hospital, to which any of the coolie class suffering from the disease, instead of being sent up to the Civil Hospital, might naturally resort, and thus be kept there being no accommodation for natives in the building hired as a General Hospital. The disease passed from the Peninsula into the interior, and has been raging badly at Lahaj. Upwards of 600 people are reported to have died, and the pestilence is destined to sweep the whole district of Lahaj and the country immediately adjacent to Aden is in a melancholy state, from excessive poverty, and now that this terrible scourge has been removed, poor inhabitants they do not know what to do or where to look for relief. It had been possible a doctor would have been sent to Lahaj; but no one can be spared. A requisition has been made to Bombay for the services of three assistant-surgeons, and the same may be complied with. The latest accounts from Lahaj and the interior are less and less; but it was in extreme force only a few days. Soedon Fadhl was at Aden, having come in for a change of air at the invitation of the Political Agent, to try his luck at Lahaj, being much debilitated. He wished to return to the interior, but was told he must not do so as there would be less sickness in a few days. Having received better accounts from there, he, therefore, decided on remaining at Aden. The present state of his country is a source of deep anxiety to him, and he looks for relief from it. What with disturbances among themselves, or with their neighbours, combined with the murrain, which has carried off every head of horned cattle in the neighbourhood, while a plan from end to end, from sea to hill, is a perfect ruin, and the destruction of renewed their stock of cattle several times over, and now their resources are exhausted. The consequence is that, instead of our getting grain from Lahaj, the poor people from there are flocking into Aden and distressing our stores. The quantity of wheat grain we do get comes from the hilly country far distant, and is ruinously dear. Reports from Yemen speak of famine there also, and that the inhabitants of the coast, Haidaia, look to Aden for help. To meet this increasing demand, it is deemed important to earnestly beg the assistance of Government, which, it is suggested, could best be afforded by having a ship chartered at Jurrahee and sent to this loaded with wheat and kurrachee with the least possible delay. Without such aid, the famine here is inevitable, and time will speed be reduced to the direst extremity, and with no prospect of relief from anywhere near Aden.—*Bombay Gazette*, July 8.

THE VIRTUES OF MILK AND CREAM.—The Spectator says: "A diet of milk and cream, instead of any kind, arrowroot or wheat starch preferentially, is the true panacea for leanness. It is on this that African peoples are fattened to their enormous proportions, and it is on this that the British soldiers of India obtain that coating of muscled effeminate fat which they prize as a mark of degree, the head of the house being often bidden to 'sit and get fat for the honour of the family.' They add butter, but there is nothing more to it. In some parts of India, indeed, it is very much easier to eat in any town, meat, milk and meal will fatten anybody who can be fattened at all; but of course they must be swallowed in considerable quantities, quantities very different from those which we swallow. Owing to a variety of circumstances, each as the climate, the taste for tea, and the general dissipation of cities as food-milk, always the most nourishing of diets, is in this country very little consumed, particularly in London, where the habit of drinking tea is no habit of drinking it by itself, and in the climate is excessively dear. Cream in London costs almost as much as champagne, and even milk, when consumed at the rate of five or six tumblers a-day, will cost you nearly half a guinea weekly bill. The most families it is taken only in tea, coffee, and puddings; and cream, except for those purposes, is regarded as an extravagant luxury. The poor out of Ireland, as Mr. Simon complains, seldom take milk, and it is not until recently that they have begun to get used to any extent an article of national diet. Tea is used as a substantive food—as, for example, it is used in India, Tibet, and West Africa—is entirely unknown, very few people drink it by itself or for itself, and it is not until lately that it has been introduced, known, very few favour it to any extent, or, though it grows with habit, almost like the desire for drink. It is of all things the great fattener, and it would seem probable from the African evidence that it is the most powerful fattener of the body. The effect of which is not perceptibly diminished by the addition of sugar or lemon-juice. So long as it can be kept down at all it will fatten, and in the African States it is often administered by force through a horn, just as a horse is forced to eat corn. The only instances of exception to this rule which should be avoided, that bread and staple, and that sweet things are beneficial—for milk in large quantities is sufficient with this other rule. Never begin to employ yourself particularly in eating anything, unless you have done your ordinary rule strictly by nature, and then, if you find the most injurious way in half the girls' schools in Great Britain. Digestion cannot go on properly if the brain and the stomach wait the aid of the heart at the expense of the muscles, and the man who sits down to eat and exercise the moment her dinner is served, is laying up for herself a rich store of dyspepsia. With plenty of milk and arrowroot, or any other starchy meal, tolerable air, nine hours' sleep at night, the girls who are growing stout and plump are certainly suspected either of bad constitution or an unquiet mind."

FATAL OCCURRENCE IN BRAYE CONDUCT.—The *Herald*—the 2nd of May has the following from the *Herald*:—"On Sunday, April 23rd, a fine young woman met her death in a most singular manner, the accidental upsetting of a boat in the Ajmer Lake, a magnificent sheet of water over seven miles in circumference. The accident would have been attended with more serious consequences, but for the brave conduct of the men who were in the boat. It appears that four women were in the boat, the detachment of the regiment stationed at Ajmer had gone out on a boating excursion, and on their return towards the shore, owing to some mismanagement, the boat began to pitch, capsize, and all were thrown into the water. One of the men, an Irishman, named Moran, immediately caught hold of his comrade and swam with him to the shore, calling out to the others to 'cheer up.' Another man, named Dora, followed him, struggling hard to reach land. This man sailed on a slightly higher lake, and when threw off his clothes, plunged again into the lake, and swam out to the overturned boat in hopes of rescuing the other poor fellow who had been left alone in the boat. The boat was simply nowhere to be found. He was unable to swim, and it is supposed he was 'sucked in' under the boat. Moran, swimming about for some time, returned to the shore quite exhausted. The body of the drowned man was recovered after some search, and it is for his gallant conduct as a soldier's would have obtained him a grant and a medal from the Humane Society. The *Herald* commends Moran's conduct to the notice of the lieutenant governor."

Library of Australia

7

QUEENSLAND.
NORTH KENNEDY DISTRICT.

FOR POSITIVE SALE
20th September instant.
By order of the Mortgagee.

that Extensive Richly-grassed Station, called
PENTLAND HILLS.
Comprising the whole of the Pentland Hills, Mount Pleasant, and Allendale (selected by Mr. T. McClelland), situated on the head waters of the ROLLESTON RIVER, about 240 miles from PORT PHILLIP, and about 110 miles from CLEVELAND BAY; together with SUNDRY IMPROVEMENTS, and
and 7100 SHEEP, more or less.
All selected from the noted YANDILLA (Darling Downs flock), and of over 5000 are to lamb this month.

RICHARDSON and WRENCH have received instructions from the Mortgagees to sell by public auction, at the Rooms, Pitt-street, Sydney, on **WEDNESDAY, the 26th September instant, at 11 o'clock;**
the above valuable property.

PENTLAND HILLS is situated on the head waters of Rolleston River (locally called the Campaspe); about 60 miles above Black's well-known VICTORIA DOWNS STATION.

It embraces a very large area of country, described as **Bat Flats**, open forest, part ridgy, and table land, with a few small hills; also plenty of herbage and **BALD BUSH.** The River ROLLESTON, the shears, being mostly wooded by ranges; it is about 30 miles long, and described as containing 248 square miles.

The water supply has been ample. Even during the lengthened drought which that part of the country has just passed through, most parts of the run having large permanent waterholes.

The improvements comprise three shepherds' huts, with double yards to each; and several other improvements at the homestead, including wool shed, &c., now in course of erection.

Drays, teams, stores, and working stock to be taken for sale, in the usual way.

With Pentland Hills will be sold
7100 BHEEP, more or less,
of which about 6900 are ewes, 5000 of which are to lamb during this season.

The improvements have been selected from the noted **YANDILLA FLOCKS**, on the DARLING DOWNS, and are in first-rate condition.

The intention of the owners to dispose of the above property is to **THE HIGHEST BIDDER**, on the day mentioned, offers an opportunity for a small capitalist to obtain first-rate investment in a good sheep property which should show a good return.

RICHARDSON and WRENCH would direct special attention to the sale of this station, and the very favourable time for the purchaser in which it is being offered, as on delivery the lambing will be over, and the clip ready to be shorn by the sheep's back.

Terms at sale.

BEST CHOICE BURWOOD VILLA SITE.

FIVE ACRES on Lucas's Road, between the RESIDENCE and GROUNDS of the Rev. W. LUMS-DAINE and the celebrated paddocks of Mr. EDROP, close to the BURWOOD RAILWAY STATION.

RICHARDSON and WRENCH have received instructions to sell by public auction, at the Rooms, Pitt-street, on **MONDAY, 18th September, at 1 o'clock;**
All that parcel of land in the district of Concord, containing by admeasurement **FIVE ACRES** and **EIGHT PERCHES** more or less, bounded on the north by Lot 3, purchased by G. Williams, 14 chains; on the east by a road, 110 rods, 10 chains 60 links; on the south by Lot 5, 14 chains 5 links; and on the west by Rowley's Division, 3 chains, 11 rods, 10 chains 60 links.

This is a beautiful villa site, commanding from its elevated position a most extensive and delightful view, extending over Five Dock Bay and Parramatta River.

TITLE unquestionable, full particulars of which can be obtained on application to **THOMAS ICBTON, Esq., Solicitor, Elizabeth-street.**

Plans at the Rooms.
Terms at sale.

UNRESERVED POSITIVE SALE.
By order of the Assignee of the Estate of Messrs. E. and F. Arthur, Co-builders.

LONG BAY, NORTH SHORE.
ROMANTICALLY SITUATED Block of Land, containing 24 acres, on Long Bay, North Shore, about 10 miles from Sydney, and 10 miles from the city, and planted with near 600 choice fruit trees, most of which are in bearing, and were selected and trained with great care.

RICHARDSON and WRENCH have received instructions to sell by public auction, at the Rooms, Pitt-street, on **MONDAY, 22nd October, at 11 o'clock;**
The above well-known valuable property, plan of which can be inspected, and full particulars obtained at the Rooms.

Terms at sale.

ST. LEONARDS, NORTH SHORE.

STONE-BUILT VILLA.
FLAG STAFF HILL, near the RESIDENCE and GROUNDS of the Rev. W. LUMSDAINE, Esq., and well known as the property of Mr. FREY.
By order of the Mortgagee.

RICHARDSON and WRENCH have received instructions to sell by public auction, at the Rooms, Pitt-street, on **MONDAY, 18th September, at 11 o'clock;**
All that parcel of land, situate in the township of St. Leonards, North Shore, commencing at the north-west corner of lot 9, and bounded on the west by a fence being a line bearing northerly 41 feet; on the north by the property of William Lithgow, being a line bearing northerly 41 feet; on the east by William-street, being a line bearing southerly 41 feet; and on the south by allotment No. 9, being a line bearing southerly 264 feet to the point of commencement, upon which is erected.

A LARGE and COMMODIOUS VILLA RESIDENCE, built of stone, containing, on the ground floor, verandah on two sides, and on the left, rooms unfinished. On the first floor, balcony, 4 rooms and an observatory or tower on the roof; detached kitchen, servants' room, shed, &c., at the rear.

This delightfully situated property is for positive sale, and the auctioneers can with confidence recommend it to the attention of the public.

From the observatory on the roof of the house there is a **MAGNIFICENT PANORAMIC VIEW**, which is acknowledged by all to stand unrivalled in beauty or extent for anything in all or in any part of the colony. It comprises at once the whole of the harbour; also Sydney, Elmslie, Pyrmont, and the suburbs, reaching beyond Botany Bay to the north.

Plans at the Rooms.
Terms at sale.

Final Notice.
Pittary Iron Works.
Township of Natal.

T. W. BOWDEN will sell by auction, on the ground, **THURSDAY, 14th September, at noon;**
70 lots; part of Bradley's 100 acres at Ironstone Bridge, near the Iron Works, well suited for business premises and the residences of the workmen.

Good Garden Ground.
The lots all marked out. Lithographs can be had from the auctioneer; Mr. Baker, of the Prince Albert Inn; Mr. Baker, Natal Post-office; and Mrs. Berry, Innkeeper, Victoria.

Luncheon provided.

BISHOPTHORPE THE GLEBE.
90 YEARS LEASES.

ALLOTMENTS FRONTING MAIN GLEBE ROAD
ALLOTMENTS FRONTING ST. JOHN'S ROAD
ALLOTMENTS FRONTING DERWENT-STREET
AND UNDEVELOPED TERRACE.

MORT and CO. have received instructions to sell by public auction, at the Rooms, Pitt-street, on **WEDNESDAY, 18th September, at 11 o'clock;**
Some of the best building sites in the township of THE BISHOPTHORPE ESTATE, the Glebe, comprising
Allotments fronting the Main Glebe Road
Allotments fronting St. John's Road
Allotments fronting Derwent-street and Arundel-terrace.

The rigidity with which the whole of the allotments are being offered, clearly shows the great value of property in this locality, and also that the system of 99 years' lease, and the great advantages arising therefrom, are being better understood and acted upon. The allotments are being offered at a low price, and the purchasers, at a small annual rent, to secure the land, and secure his capital upon improvements, which will at once yield him A PROFITABLE RETURN FOR HIS MONEY.

Men of limited capital, or small means, would do well to consider the very great inducements which a lease for so long a term affords, and the great advantages which they can obtain at the advantage of a freehold, they are enabled to acquire a **REALLY VALUABLE PROPERTY**, by payment of a trifling yearly rental.

The lots all 40 feet frontages, by depths of from 120 to 145 feet, with back entrances to every lot. The streets in this neighbourhood are now being made, and the streets in the **QUEENSLAND RAILWAY TO ANY STREET IN SYDNEY**, while the railway is rapidly extending in this direction, so that property in this locality cannot fail to increase in value.

